



# Linking Emotional Proximity and Cyber Wellness for Promoting sustainable Education: a study on Undergraduate students of Goa, India.

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#### Abstract:

Digital natives are unaware about Cyber Wellness and how it affects emotional proximity of students in classroom .When we provide apt social media platform for students and teachers we can harvest more knowledge and skills. Digital tackling helps the students for getting more knowledge about the learned matter in classroom. Cyber mediated platform enhances Creativity and divergent learning in classroom. Cyber Media Addiction can be channelized in proper manner getting more chance for doing internships, volunteering, publishing articles and research findings .

Keywords: Emotional Proximity, Cyber Wellness, Digital Natives

#### I. INTRODUCTION

Nowadays all students and teachers are embracing digital platforms for producing knowledge .They use digital tools and social media for revamping bipolar process of teaching and learning .This paper tries to show how emotional proximity creates conducive environment for Cyber Wellness in children and teachers. The biggest challenge in designing a perfect knowledge management skills system as well as Cyber Wellness in classroom is a herculean task .If we provide a apt digital platform for teachers and students in classroom we can change the whole facets of education In India. Online volunteering and internships using social media is high beneficial in studies as well as for skill development, sustainable development and knowledge production.

# II. OBJECTIVES OF THE STUDY:

A. To find out the relationship between Emotional Proximity and Cyber Wellness

B. To find out the relation between Cyber Wellness and sustainable Education

#### III. HYPOTHESES OF STUDY:

- 1. There will be strong relationship between emotional proximity and Cyber Wellness.
- 2. There will be strong relationship between Cyber Wellness and sustainable education

# **IV.** Operational Definitions:

- 1. Emotional Proximity : Attachment of teachers with students academically.
- 2. CyberWellness : Effective use of digital tools with ethics.
- 3. Sustainable Education : Education for prosperity
- 4. Undergraduate students: Students who are pursuing three years graduation after higherSecondary

## V. METHODOLOGY:

Experimental cum survey method was adopted for the study while the quantitative approach provided the statistics on children have been more streamlined towards knowledge production and skill development by gender, age and type of institution. Qualitative approach provides an in-depth understanding how students emotionally attached



with students in reskilling process in sustainable Education. Cyber Wellness interview schedule and emotional proximity scales are used for data collection .The participants of this study included 100 college teachers from South Goa district for survey purpose and 100 students for experimental purpose from Dr.DadaVaidya College, Ponda,, Goa,India.

### VI. CONCLUSIONS OF THE STUDY:

- 1. Navigating Cyber Wellness affects skill development in children
- 2. Emotional Proximity affects the Cyber Wellness and sustainable Education of Undergraduate Students.
- 3. Emotional proximity affects the knowledge Production of Undergraduate Students.

# VII. EDUCATIONAL IMPLICATIONS:

- 1. Ensuring strong foundation skills for all students from Primary level onwards.
- 2. Mitigating the levels of dropouts imparting Cyber Wellnes
- 3. Encouraging labour market attachment among low skilled youth
- 4. Incorporating Emotional Proximity and Cyber Wellness in Skill development Programmes
- 5. Engaging employers in ensuring a highly skilled workforce using apt knowledge management skills.
- 6. Skill development should be included in the early childhood education
- 7. Ensuring local flexibility and adaptability for nationally designed policies.

- 8. Building partnerships at the local and national level to improve implementation
- 9. Earlier identification of skills for sustainable Education.
- 10. Inclusion of stake holders as social partners(Private companies, the state ,trade unions ,employer's associations, Alumni students).

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